

## Constitution of HDFS Happiness Club

### Article I – Name

The name of this organization shall be HDFS Happiness Club at Iowa State University.

### Article II – Purpose

The HDFS Happiness Club at Iowa State University promotes personal and academic growth among ISU students, strongly focusing on supporting happiness and mental wellness. The goals of this organization are to **provide a safe, welcoming environment for all and promote personal and academic growth among ISU students, strongly focusing on supporting happiness and mental wellness. We strive to create a welcoming environment for all members while prioritizing happiness, mental well-being, and mindfulness.** To achieve these goals, HDFS Happiness Club will focus on **offering a range of educational, internal, self-reflective, and social programs, events, and activities. Generally, these activities will include:**

- ★ Community Service Projects or Kindness Initiatives: Develop projects that spread positivity on campus or in the community, like compliment cards or random acts of kindness days.
- ★ Social Events: Plan activities focused on relaxation and self-care, such as yoga and nature walks.
- ★ Book Club: Run a book club focusing on literature related to happiness/well-being.
- ★ Interactive Workshops: Facilitate sessions where members can learn and practice techniques such as gratitude, journaling, meditation, and self-compassion.
- ★ Support Circles: Meetings where members can discuss personal growth, resilience, or professional interests in a supportive environment.
- ★ Awareness Campaigns: Organize events or campaigns around important dates, like World Mental Health Day, to promote awareness and destigmatize mental health issues.

### Article III – Statement of Compliance

HDFS Happiness Club abides by and supports established Iowa State University policies, State and Federal Laws and follows local ordinances and regulations. HDFS Happiness Club agrees to complete President's and Treasurer's Training annually.

## **Article IV – Non-Discrimination Statement**

Iowa State University and HDFS Happiness Club do not discriminate based on genetic information, pregnancy, physical or mental disability, race, ethnicity, sex, color, religion, national origin, age, marital status, sexual orientation, gender identity, or status as a U.S. veteran.

## **Article V – Membership**

### Section 1: Requirements

Membership shall be open to all registered students in good standing at Iowa State University.

**Officer positions held must be active ISU student(s) who are currently enrolled as an HDFS Major/Minor or directly related (Majors/Minors)**

### Section 2: Removal

- a. Reasons for removal may include but are not limited to, the use of derogatory language, bullying, harassment, theft, repeated disruptions during meetings, or any other action deemed unacceptable by the current Student Disciplinary Regulations (Code of Conduct).
- b. The removal process may be initiated by any member of the organization.
  - A formal call for removal must first be brought to the organization's officers. A member may call for the removal of another member by emailing the organization's President and requesting to discuss their concerns at the nearest officer meeting.
  - Officers must have a majority vote of approval to move the removal process to a general membership vote. Officers will vote by show of hands.
- c. Membership may be revoked by a majority vote of club members at the voting meeting.
- d. Voting will be conducted by secret ballot at a general meeting.
  - The voting method will be an anonymous virtual form or secret paper ballot (a method decided by organization officers).
- e. The member in question must be provided a summary of the reasons for removal at least one week before the general membership vote.

- f. The vote will be announced at least one week before the meeting with a summary of the reasons for removal.
- g. The member will be allowed to speak to the membership for 5 minutes before voting occurs. The member in question will be asked to leave the meeting while deliberation and voting commences. The member in question will be informed of the results and be allowed access to the ballots if requested.
- h. The member in question may attempt to appeal the vote results by contacting the organization's advisor and submitting a written statement. The advisor must respond with their decision within ten days. No secondary appeals will be permitted.
- i. Member in question may request reinstatement 365 days after removal.
  - Member must submit a written request for reinstatement to officers.
  - Officers must reach a unanimous vote through a show of hands to reinstate members.

## **Article VI – Officers**

### Section 1: Officer Positions and Duties

- a. President
  - Facilitate officer meetings and general meetings.
  - Oversee the activities of the officers and general membership.
  - Maintains record of membership in the student organization database.
  - Serve as the Risk Management Officer to (a) help minimize potential risks for club activities, (b) recommend risk management policies or procedures, (c) to submit documentation to ISU's Risk Management Office and (d) to ensure that proper waivers and background checks are on file with Risk Management for events.
  - Maintain contact with the Advisor regarding organization activities and concerns
  - Complete all training as required by Iowa State University policy.
- b. Treasurer

- Manage the club's finances.
- Hold the club's purchasing card (p-card) and assigns additional p-card(s) to other designated club members.
- Maintain the club's budget and work with officers to determine spending allowances.
- Collect dues at the beginning of each semester.
- Work with the Advisor to approve each expenditure before payment.
- Complete all training as required by Iowa State University policy.

[TO VIEW MORE OFFICER POSITIONS AND RESPONSIBILITIES, CLICK [HERE](#)]

### Section 2: Elections

- a. Elections will occur annually during the month of **May**.
- b. Members interested in running for an officer position will complete a nomination form and submit the form to the current President at least one week prior to the general membership vote.
- c. Voting will occur at a general meeting. The meeting date will be announced at least one month in advance through an email to all members.
- d. At the voting meeting, each candidate will have 2 minutes to speak in front of general membership.
- e. Voting will occur by secret ballot on an anonymous virtual form or secret paper ballot. Candidates will be elected by a majority vote of members present at the meeting.
  - In the case of a tie, an immediate run-off election will be held between the tied candidates. Voting will occur by secret ballot in which members will write the name of their chosen candidate on a piece of paper and submit it to the outgoing President.
  - If no candidate receives a majority vote, an immediate run-off election will be held between the two highest-voted candidates. Voting will occur by secret ballot in which members will write the name of their chosen candidate on a piece of paper and submit it to the outgoing President.

f. The term of office for all officer positions shall be one year, beginning 08/23 and ending 05/10.

### Section 3: Impeachment/Removal

- a. Officers can be removed from their position by a club membership vote.
- b. Grounds for removal include but are not limited to failure to uphold the position's responsibilities, use of derogatory language, bullying, harassment, theft, repeated disruptions during meetings, or any other action deemed unacceptable by the current Student Disciplinary Regulations (Code of Conduct).
- c. Any club member may initiate the impeachment process by bringing a written request for removal and reasons for removal to the highest-ranking officer not in question for removal.
  - The officers will hold a special meeting with the Advisor to deliberate.
  - The officers (excluding the officer in question) and Advisor must have a majority vote of approval of all officers to move the impeachment process to a general membership vote. The officer in question may not be present for the officer vote. Officers will vote by a show of hands.
- d. Officers can be removed from their position by a majority vote of club membership present at the voting meeting.
  - Voting will be conducted by secret ballot at a general meeting.
  - The vote will be announced at least one week prior to the meeting.
  - The voting method will be an anonymous virtual form or secret paper ballot (method decided by officers).
- e. The officer in question must be provided a summary of the reasons for removal at least one week before the vote.
- f. The officer in question will be allowed to speak to the membership for a maximum of 5 minutes before voting occurs. The officer will be asked to leave the meeting while deliberation and voting commence. The officer in question will be informed of the results and be allowed access to the ballots if requested.

g. The officer in question may attempt to appeal the vote results by contacting the organization's advisor and submitting a written statement. The advisor must respond with their decision within ten days. No secondary appeals will be permitted.

#### Section 4: Officer Replacement

- a. In the case of an officer vacancy, a special election must occur within one week of the position being vacated.
- b. Special elections must follow the same format as annual elections, outlined in Article VI Section 2.
- c. If no candidates come forward, the officers may appoint a general member with the member's approval.

#### Section 5: Minimum Cumulative GPA for Officers

The officers of this organization must meet the following requirements:

- a. Be in good standing with the university and enrolled: at least half time (six or more credit hours), if an undergraduate student (unless fewer credits are required to graduate in the spring and fall semesters) during the term of office, and at least half time (four or more credits), if a graduate level student (unless fewer credits are required in the final stages of their degree as defined by the Continuous Registration Requirement) during their term of office
- b. Have a minimum cumulative grade point average (GPA) as stated below and meet that minimum GPA in the semester immediately before the election/appointment, the semester of election/appointment, and semesters during the term of office. For undergraduate, graduate, and professional students, the minimum GPA is 2.00. For this provision to be met, at least six hours (half-time credits) must have been taken for the semester under consideration
- c. Be ineligible to hold an office should the student fail to maintain the requirements as prescribed in (a) and (b)

### **Article VII – Advisor**

### Section 1: Duties

The advisor's duties are to provide general oversight to the group and ensure that the organization complies with the standards set forth by Iowa State University and Memorial Union Student Engagement.

### Section 2: Method of Selection

- a. Advisor candidates shall be verbally nominated by officers at a pre-determined officer meeting.
- b. A candidate may be elected through a majority vote of officers.
  - Officers will vote through a show of hands.
  - All officers must be present for a vote to occur.
- c. Once a candidate is selected, the President will contact the Advisor candidate to offer the position.
- d. If the Advisor candidate declines, the organization's officers will repeat steps (a)-(c).

### Section 3: Terms of Service

The Advisor of the organization shall serve at their leisure.

### Section 4: Impeachment/Removal

- a. The Advisor can be removed from their position by a unanimous vote of club officers at an officer meeting.
  - Grounds for removal include but are not limited to failure to uphold the position's responsibilities, use of derogatory language, bullying, harassment, theft, repeated disruptions during meetings, or any other action deemed unacceptable by current Disciplinary Regulations.
- b. The Advisor must be notified and given a reason for removal at least one week before voting.
- c. The Advisor will be allowed to speak in front of the club officers before making a final decision. The Advisor may speak for 5 minutes; then, they must leave the room while voting and deliberation occurs.

- d. The Advisor will be notified of the decision via email.

### Section 5: Replacement

If an Advisor must be replaced, the selection method shall be the same as described in Article VII Section 2.

## **Article VIII – Finances**

- a. All monies belonging to this organization shall be deposited and disbursed through a bank account established at the Campus Organizations Accounting Office and/or approved institution/office (must receive authorization via Campus Organizations Accounting Office). All funds must be deposited within 48 hours after collection. The Advisor to this organization must approve and sign each expenditure before payment.
- b. Upon disbandment of [HDFS Happiness Club](#), all funds and properties over liabilities and expenses of dissolution will be distributed as determined by a majority of officers.
- c. Dues will be determined by a majority of officers at the beginning of each semester. Dues will not exceed **0 (N/A)** per semester.
  - a. Dues will be collected by the Treasurer within the first 3 weeks of each semester through the student organization marketplace.

## **Article IX – Amendments and Ratification**

- a. The amendment process may be initiated by any club member.
  - Requests for amendment must be submitted in writing to the club officers
  - The officers must have a majority vote of approval to move the amendment to a general membership vote.
  - Officers will vote through a show of hands.
- b. The proposed amendment must be presented to the general membership at least one week before the vote.
- c. Constitution may be amended by a majority vote of club membership present at the meeting.



- Voting will take place at a club meeting.
  - Voting will be conducted by show of hands.
- d. Amendments to the organization's constitution must be submitted to Student Engagement within 10 days for approval.
- e. The following may occur if a constitution is rejected because it does not meet Iowa State University policy and/or constitution requirements.
- Any changes to bring the constitution into compliance may be made with unanimous approval from the President, Treasurer, and Advisor.
  - These changes must be notified at the next full organizational meeting.